



Study Group on Metabolic Surgery

3rd ANNUAL MEETING OF THE METABOLIC SURGERY STUDY GROUP 2023

How can we rejuvenate metabolic surgery?

20 – 21 October 2023

Royal Olympic Hotel, Athens, Greece

www.mssg2023.com

Under the Auspices of:



MEETING'S SECRETARIAT:
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SCIENTIFIC PROGRAM

ORGANIZING COMMITTEE

Chairman:

Alexander Kokkinos

Members:

Karine Clément

Martine Laville

Carel le Roux

Stavros Liatis

Christos S Mantzoros

Geltrude Mingrone

Alexander Miras

Dimitrios Pournaras

SCIENTIFIC PROGRAM

Friday, October 20

13:00 – 14:00	Registration
14:00 – 14:15	Welcome addresses <i>Chairs: Alexander Kokkinos, Efthimios Kapantais</i>
14:15 – 14:45	LECTURE 1 <i>Chairs: Stavros Liatis, Francis Finucane</i> The barriers to metabolic surgery and how to deal with them: the patient, GP and diabetologist perspective Martine Laville, France
14:45 – 15:15	LECTURE 2 <i>Chairs: Torsten Olbers, Harilaos Pappis</i> Barriers to metabolic surgery. How can we overcome poor penetrance? The surgeon perspective Almantas Maleckas, Lithuania
15:15 – 15:45	LECTURE 3 <i>Chairs: Carel le Roux, Vaia Lambadiari</i> The medical bypass: How close are we? Alexander Kokkinos, Greece
15:45 – 16:15	Coffee break
16:15 – 17:00	ORAL PRESENTATIONS SESSION 1 <i>Chairs: Dimitrios Pournaras, Georgia Argyrakopoulou</i>
17:00 – 17:30	LECTURE 4 <i>Chairs: Karine Clément, Evanthia Kassi</i> Pharmacotherapy for obesity before and after metabolic surgery Carel le Roux, Ireland
17:30	Welcome cocktail

Saturday, October 21

09:00 – 09:30

LECTURE 5

Chairs: Martine Laville, Dimitrios Pournaras

Where does structured lifestyle modification fit with metabolic surgery?

Francis Finucane, Ireland

9:30 – 10:00

LECTURE 6

Chairs: Francesco Rubino, Georgios Skroubis

The risks of reoperations vs primary operations and drug therapy

Torsten Olbers, Sweden

10:00 – 10:30

LECTURE 7

Chairs: Christos S. Mantzoros, Andreas Alexandrou

Surgery has changed the landscape of diabetes care. How does diabetes change the practice of surgery?

Francesco Rubino, UK

10:30 – 11:00

Coffee break

11:00 – 11:30

LECTURE 8

Chairs: Geltrude Mingrone, Alexander Kokkinos

Impact of obesity surgery on the polycystic ovarian syndrome

Alexander Miras, UK

11:30 – 12:00

LECTURE 9

Chairs: Francois Pattou, Alexander Miras

Adipocyte tissue fibrosis as a diagnostic marker and predictor of response

Karine Clément, France

12:00 – 13:00

ORAL PRESENTATIONS SESSION 2

Chairs: Carel le Roux, Vaia Lambadiari

13:00 – 14:30

Lunch break

14:30 – 15:00

LECTURE 10

Chairs: Almantas Maleckas, Spilios Manolakopoulos

Non-invasive monitoring of NASH remission after metabolic surgery

Francois Pattou, France

15:30 – 16:00

LECTURE 11

Chairs: Alexander Miras, Martine Laville

Can liquid biopsies for NASH help increase the penetrance of metabolic surgery?

Geltrude Mingrone, Italy

16:00 – 17:00

ORAL PRESENTATIONS SESSION 3

Chairs: Alexander Kokkinos, Dimitrios Pournaras

17:00 – 17:45

KEYNOTE LECTURE

Chair: Karine Clément

From the discovery of leptin to continuous advances in obesity pharmacotherapy; recent progress, interactions and integration with metabolic surgery

Christos S Mantzoros, USA

17:45

Certificate Award Ceremony - MSSG 2023 Conclusions

FACULTY

LAST NAME	FIRST NAME	TITLE
Alexandrou	Andreas	Associate Professor of Surgery, 1st University Surgery Department, "LAIKO" General Hospital, Athens Greece
Argyrakopoulou	Georgia	MD, MSc, PhD, Pathologist Specializing in Diabetes, Director of the Diabetes Unit & Obesity Clinic, Athens Medical Center, SCOPE & EASO National Fellow, Athens Greece
Clement	Karine	MD, PhD professor of Nutrition, NutriOmique Research group, Nutrition Department, Pitié-Salpêtrière Hospital, Paris
Finucane	Francis	Consultant Endocrinologist, Galway University Hospitals, Honorary Full Professor in Medicine, University of Galway Ireland
Kaltsas	Grigorios	MD FRCP (Lon), Professor of Pathology - Endocrinology, 1st Pre-educational Pathology Clinic, University of Athens, "LAIKO" General Hospital, ENETS Center of Excellence, Athens Greece
Kapantais	Efthimios	Pathologist with Specialization in Diabetes Mellitus, SCOPE National Fellow, Director of the Department of Diabetes - Obesity - Metabolism, METROPOLITAN Hospital, Secretary General of the Hellenic Medical Association for Obesity, Athens Greece
Katsilambros	Nikolaos	Professor Emeritus Athens University Medical School, MD, PhD, FACP, SCOPE Founding Fellow, European Federation Internal Medicine Hon. Fellow, Diabetes Nutrition Study Group of the European Association for the Study of Diabetes Hon. Fellow
Lambadiari	Vaia	Professor of Pathology-Endocrinology, 2nd Pre-Educational Pathology University Department "ATTIKON" Hospital, Athens Greece
Laville	Martine	Professor Emeritus Lyon 1 University, France
Le Roux	Carel	Professor, MBChB, MSc, FRCP, FRCPATH, PhD, Director Metabolic Medicine Lab Diabetes Complications Research Centre, Conway Institute University College Dublin
Maleckas	Almantas	MD, PhD, Professor of Abdominal & Bariatric Surgery, University of Health Sciences Surgery Clinic, Kaunas Lithuania, Consultant Surgeon, Gastroenterology, Sahlgrenska Academy Sweden
Manolakopoulos	Spilios	Professor of Pathology - Gastroenterology, Hepatogastroenterology - Endoscopic Unit, 2nd Pathology Department "IPPOKRATEIO" General Hospital, Athens Greece

LAST NAME	FIRST NAME	TITLE
Mantzoros	Christos S.	Professor of Medicine, Harvard Medical School Beth Israel Deaconess Medical Center, Cambridge MA U.S.A.
Mingrone	Geltrude	Professor of Diabetes & Nutrition, Department of Diabetes, School of Cardiovascular Medicine & Sciences, King's College, London U.K.
Miras	Alex	Professor of Endocrinology, Ulster University, UK
Olbers	Torsten	Professor of Surgery, Linköping University, Sweden
Pappis	Harilaos	Surgeon, Director of the 3rd Surgical Department "HYGEIA" Hospital, Athens Greece
Pattou	Francois	Professor of General Surgery, Lille University, Lille France, Head, General and Endocrine Surgery, University Hospital, Lille. France Director, Translational research on Diabetes, Univ. Lille, CHU Lille, Pasteur Institute Lille, France
Pournaras	Dimitrios	Consultant in Upper Gastrointestinal and Bariatric Surgery, North Bristol NHS Trust, UK
Rubino	Francesco	Chair Bariatric & Metabolic Surgery, King's College London, Consultant Surgeon, King's College Hospital, London, UK
Skroubis	Georgios	Associate Professor of Surgery, University of Patras School of Medicine, Patras Greece